

From left: high on a hill near Ladakh's capital of Leh sits the Thiksey Monastery, a 12-storey complex with ten temples; a traditional dancer at Chamba Camp Thiksey; a Nubran woman lights butter lamps in her family shrine in Kheyma village, in Nubra Valley

High up on the Tibetan Plateau, the remote, mountain-wrapped former Buddhist kingdom of Ladakh is increasingly drawing travellers to its exhilarating landscapes and spiritually uplifting sights. Visits to venerable monasteries filled with crimson-robed monks are the high point, but that doesn't mean it has to be a hair-shirt experience. From mid-June to mid-September, **The Ultimate Travelling**

Camp (chambacampthiksey.com) sets up a regal summer encampment in a meadow near Thiksey featuring smart white tents with wooden floors, four-poster beds, en suite bathrooms and butler service.

Pair a few nights here with some in the Nubra Valley, reached by driving over Khardung La, one of the highest motorable roads in the world. Adventures include rafting on the Indus River, adrenalin-

assured descents by mountain bike, trying your hand at archery (a Ladakhi obsession) and watching fast and furious polo matches played to a backdrop of snowcapped peaks. **Greaves India** (greavesindia.co.uk) has top-class packages that include guides, excursions, day treks and full board, while flights from Delhi to the capital, Leh, take just 80 minutes. Nirvana has never been closer.



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